






Gladstone Seniors Residence

July 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  CANADA DAY	2 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Nails	3 9:20 walk the Chapel 9:30 Exercises 2:00 Card Corner 3:00 Coffee/ Snack corner	4 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary	5 9:20 walk the Chapel 9:30 Exercises 10:30 Lutheran Church 2:00 NO HAIR 2:00 lawn darts courtyard	6 NO ACTIVITIES	7 2pm Card Corner
8 2pm Sit and and enjoy the coutyard.	9 9:20 walk the Chapel 9:30 Exercises 2:00 Sing –a-long with Pearl	10 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Card Corner	11 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:00 Card Bingo	12 9:20 walk the Chapel 9:30 Exercises 10:30 Church Service 2:00 washes and sets appointment only see office	13 9:20 walk the Chapel 9:30 Exercises 2:00 Ice cream cones in courtyard.	14 Meet at the Library
15 2pm Meet at the puzzle table	16 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Craft with daycare kids	17 9:20 walk the Chapel 9:30 Exercises 2:00 Card Corner	18 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:00 Regular Bingo	19 9:20 walk the Chapel 9:30 Exercises 10:30 Church Service 2:00 washes and sets appointment only see office	20 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 12:30 BBQ lunch in Courtyard Menu and signup sheet will be posted. 	21 2pm Card Corner
22 2pm meet in the courtyard	23 9:20 walk the Chapel 9:30 Exercises 2:00 Popsicles in the courtyard	24 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Card Corner	25 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:00 Card Bingo	26 9:20 walk the Chapel 9:30 Exercises 10:30 Church Service 2:00 washes and sets appointment only see office	27 Morning BP/WT 12:30 Corndog lunch in Courtyard Menu and signup sheet will be posted. 	28 Meet at the Library
29 Sit out front and enjoy the sun and people watch	30 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Nails	31 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Birthday Party with George F	