



Gladstone Seniors Residence

AUGUST 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only.</p>					1 Clean wheelchairs and walkers (C1)
2 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	3 CIVIC HOLIDAY 	4 9:30 Upper Body 2:00 CARD BINGO	5 9:30 Lower Body 11:00 ROSARY 2:00 BINGO	6 9:30 Upper Body 2:00 CHARADES	7 9:30 Lower Body 2:00 VISIT ON THE PATIO	8 Clean wheelchairs and walkers (C1)
9 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	10 9:30 Upper Body 2:00 WHEEL OF FORTUNE	11 9:30 Lower Body 2:00 BINGO	12 9:30 Upper Body 11:00 ROSARY 2:00 CARD BINGO	13 9:30 Lower Body 2:00 HAWAIIAN FUN	14 9:30 Upper Body 2:00 BEAN BAG TOSS	15 Clean wheelchairs and walkers (C1)
16 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	17 9:30 Lower Body 2:00 BOCCE BALL	18 9:30 Upper Body 2:00 CARD BINGO	19 9:30 Lower Body 11:00 ROSARY 2:00 REMEMBER WHEN	20 9:30 Upper Body 2:00 BINGO	21 9:30 Lower Body 2:00 VISIT ON THE PATIO	22 Clean wheelchairs and walkers (C1)
23 / 30 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	24 9:30 Upper Body 2:00 CARD BINGO 31 9:30 Lower Body 2:00 YAHTZEE	25 9:30 Lower Body 2:00 Washer toss/TicTacTo	26 9:30 Upper Body 11:00 ROSARY 2:00 BINGO	27 9:30 Lower Body 2:00 CRAFT MONTHLY WEIGHTS	28 9:30 Upper Body 2:00 ICE CREAM TREAT	29 Clean wheelchairs and walkers (C1)