





Gladstone Seniors Residence

April 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter Sunday  Meet at the Puzzle table	2 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Nails	3 9:20 walk the Chapel 9:30 Exercises 2:00 Card Corner 3:00 Coffee/ Snack corner	4 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:30 Father Louie	5 9:20 walk the Chapel 9:30 Exercises 10:30 Lutheran Church 2:00 Easter Party with special guest	6 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 St Andrew's Church	7 2pm Card Corner 
8 3:00 Coffee/ Snack corner 	9 9:30 Chair yoga with Michelle 2:00 Wheel and Walker wash	10 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Whist/ table games	11 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:00 Bingo	12 9:20 walk the Chapel 9:30 Exercises 10:30 Church Service 2:00 Curling	13 9:20 walk the Chapel 9:30 Exercises 2:00 Wine and Cheese party 	14 Meet at the Library 
15 Meet at the Puzzle table 	16 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Sing -a- long with Pearl	17 9:20 walk the Chapel 9:30 Exercises 2:00 Nails	18 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:00 Card Bingo	19 9:20 walk the Chapel 9:30 Exercises 10:30 Church Service 2:00 Pet Therapy (Shelby & Hunter)	20 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 "Load of Nonsense" from museum	21 2pm Card Corner 
22 3:00 Coffee/ Snack corner	23 9:20 walk the Chapel 9:30 Exercises 1:00 Paint Class - Rainbow Willow Tree...see news letter	24 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Birthday Party with Don	25 9:20 walk the Chapel 9:30 Exercises 11:00 Rosary 2:00 Bingo	26 9:20 walk the Chapel 9:30 Exercises 10:30 Church Service 2:00 Bean bag toss	27 10:30 BP/WT 2:00 Square Dancers 	28 Meet at the Library
29 Meet at the Puzzle table 	30 9:20 walk the Chapel 9:30 Exercises 10:00 one to one 2:00 Social Tea Party					