



# Gladstone Seniors Residence

## January 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>JANUARY</b> 	<b>1</b> 	<b>2</b> 9:30 Exercises 2:00 Cards / table games	<b>3</b> 9:30 Exercises 11:00 Rosary 2:00 Ukrainian Church Choir	<b>4</b> 9:30 Exercises 10:30 Lutheran Church 2:00 Cribbage	<b>5</b> 9:30 Exercises 2:00 Bean Bag Toss	<b>6</b> 
<b>7</b> 	<b>8</b> 9:30 Exercises 2:00 Health and Safety Meeting	<b>9</b> 9:30 Exercises 2:00 Cards / table games	<b>10</b> 9:30 Exercises 11:00 Rosary 2:00 Church service with Father Louie	<b>11</b> 9:30 Exercises 10:30 Church Service 2:00 Entertainment from George and Stan	<b>12</b> 9:30 Exercises 2:00 Nails	<b>13</b> 
<b>14</b> 	<b>15</b> 9:30 Exercises 2:00 Pearl	<b>16</b> 9:30 Exercises 2:00 Cards / table games	<b>17</b> 9:30 Exercises 11:00 Rosary 2:00 Bingo	<b>18</b> 9:30 Exercises 10:30 Church Service 2:00 Popcorn and a movie	<b>19</b> 9:30 Exercises 2:00 Beat the winter blues (summertime snack) in Chapel	<b>20</b> 
<b>21</b> 	<b>22</b> 9:30 Exercises 2:00 Board games	<b>23</b> 9:30 Exercises 2:00 Cards / table games	<b>24</b> 9:30 Exercises 11:00 Rosary 2:00 Card Bingo	<b>25</b> 9:30 Exercises 10:30 Church Service 2:00 Bowling	<b>26</b> 9:30 Exercises 2:00 Nails	<b>27</b> 
<b>28</b> 	<b>29</b> 9:30 Exercises 2:00 Curling	<b>30</b> 9:30 Exercises 2:00 Birthday Party	<b>31</b> 9:30 Exercises 2:00 Bingo			