



Gladstone Seniors Residence



JULY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div style="border: 1px solid black; padding: 5px; background-color: #ffffcc;"> Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only. </div>			1 12:00 CANADA DAY BBQ HAPPY CANADA DAY !	2 No Activities 	3 Clean wheelchairs and walkers (C1)
4 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	5 9:30 Upper Body 2:00 CARD BINGO	6 9:30 Lower Body 2:00 REMEMBER WHEN	7 9:30 Upper Body 10:00 ROSARY 2:30 FATHER LOUIE	8 9:30 Lower Body 2:00 CARD GAMES	9 9:30 Upper Body 2:00 VISIT ON THE PATIO	10 Clean wheelchairs and walkers (C1)
11 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	12 9:30 Lower Body 12:00 GOODBYE COVID CELEBRATION Gloria	13 9:30 Upper Body 2:00 YAHTZEE	14 9:30 Lower Body 10:00 ROSARY 2:00 WasherToss/TicTacTo	15 9:30 Upper Body 2:00 BINGO	16 9:30 Lower Body 2:00 WATER FIGHT	17 Clean wheelchairs and walkers (C1) Mary
18 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	19 9:30 Upper Body 2:00 TREATS ON THE DECK	20 9:30 Lower Body 2:00 BOCCE BALL	21 9:30 Upper Body 10:00 ROSARY 2:00 WHEEL OF FORTUNE	22 9:30 Lower Body 2:00 CARD BINGO	23 9:30 Upper Body 2:00 VISIT A FRIEND	24 Clean wheelchairs and walkers (C1)
25 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	26 9:30 Lower Body 2:00 CARD BINGO	27 9:30 Upper Body 2:00 SUMMER FUN ON THE PATIO	28 9:30 Lower Body 10:00 ROSARY 2:00 BIRTHDAY PARTY	29 9:30 Upper Body 2:00 BINGO MONTHLY WEIGHTS	30 9:30 Lower Body 2:00 TREATS ON THE DECK	31 Clean wheelchairs and walkers (C1)