



# Gladstone Seniors Residence



## APRIL 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;">           Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only.         </div>				1 9:30 Upper Body  2:00 BINGO	2  	3  Clean wheelchairs and walkers (C1)
4 <b>SUNDAY BRUNCH</b>  	5 9:30 Upper Body  2:00 REMEMBER WHEN	6 9:30 Lower Body  2:00 CARD BINGO	7 9:30 Upper Body  11:00 ROSARY  2:00 YAHTZEE	8 9:30 Lower Body  2:00 BINGO	9 9:30 Upper Body  2:00 WHIST/ CARDS	10  Clean wheelchairs and walkers (C1)
11 <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	12 9:30 Lower Body  2:00 CARD BINGO	13 9:30 Upper Body  2:00 CHARADES	14 9:30 Lower Body  11:00 ROSARY  2:00 WHEEL OF FORTUNE	15 9:30 Upper Body  2:00 BINGO	16 9:30 Lower Body  2:00 BOWLING	17  Clean wheelchairs and walkers (C1)   <b>Kay B</b>
18 <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	19 9:30 Upper Body  2:00 CARD BINGO	20 9:30 Lower Body  2:00 BEAN BAG BOCCE	21 9:30 Upper Body  11:00 ROSARY  2:00 LET'S TALK (current events)	22 9:30 Lower Body  2:00 BINGO	23 9:30 Upper Body  2:00 WHIST/ CARDS	24  Clean wheelchairs and walkers (C1)
25 <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	26 9:30 Lower Body  2:00 CARD BINGO   <b>George</b>	27 9:30 Upper Body  2:00 CRAFT	28 9:30 Lower Body 11:00 ROSARY  2:00 BINGO	29 9:30 Upper Body  2:00 BIRTHDAY PARTY  <b>MONTHLY WEIGHTS</b>	30 9:30 Lower Body  2:00 BEAN BAG TOSS	