



# Gladstone Seniors Residence



## 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;">           Activities may change on daily basis due to weather, cancellations or last minute changes or additions.            Activities are for our residents only.         </div>						
<b>3</b> <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	<b>4</b> 9:30 Upper Body  2:00 CARD BINGO	<b>5</b> 9:30 Lower Body  2:00 YAHTZEE	<b>6</b> 9:30 Upper  11:00 ROSARY  2:00 WHEEL OF FORTUNE	<b>7</b> 9:30 Lower Body  2:00 BINGO	<b>1</b> 9:30 Upper Body  2:00 WHIST/CARDS	<b>2</b>  Clean wheelchairs and walkers (C1)
<b>10</b> <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	<b>11</b> 9:30 Lower Body  2:00 CARD BINGO	<b>12</b> 9:30 Upper Body  2:00 SNOWBALL FUN	<b>13</b> 9:30 Lower Body  11:00 ROSARY  2:00 UKRAINE DAY	<b>14</b> 9:30 Upper Body  2:00 BINGO	<b>15</b> 9:30 Lower Body  2:00 BEAN BAG TOSS	<b>9</b>  Clean wheelchairs and walkers (C1)
<b>17</b> <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	<b>18</b> 9:30 Upper Body  2:00 CARD BINGO  <b>Susan</b>	<b>19</b> 9:30 Lower Body  2:00 CHARADES  <b>Olga Ko.</b>	<b>20</b> 9:30 Upper Body  11:00 ROSARY  2:00 SHOW AND TELL	<b>21</b> 9:30 Lower Body  2:00 BINGO	<b>22</b> 9:30 Upper Body  2:00 WHIST/CARDS	<b>23</b>  Clean wheelchairs and walkers (C1)
<b>24 / 31</b> <b>SUNDAY BRUNCH</b>  Clean wheelchairs and walkers (C1)	<b>25</b> 9:30 Lower Body  2:00 CARD BINGO	<b>26</b> 9:30 Upper Body  2:00 CRAFT	<b>27</b> 9:30 Lower Body  11:00 ROSARY  2:00 WHEEL OF FORTUNE	<b>28</b> 9:30 Upper Body  2:00 BINGO  <b>MONTHLY WEIGHTS</b>	<b>29</b> 9:30 Lower Body  2:00 BIRTHDAY PARTY	<b>30</b>  Clean wheelchairs and walkers (C1)