



Gladstone Seniors Residence



APRIL 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Activities may change on daily basis due to weather, cancellations or last minute changes or additions. </div>				1 9:30 Lower Body 2:00 ICE CREAM TREAT	2 Clean wheelchairs and walkers (C1)
3 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	4 9:30 Upper Body 2:00 REMEMBER WHEN	5 9:30 Lower Body 2:00 YAHTZEE 	6 9:30 Upper Body 10:00 ROSARY 2:00 CARD BINGO 	7 9:30 Lower Body 2:30 FATHER LOUIE	8 9:30 Upper Body 2:00 CARDS/ GAMES 	9 Clean wheelchairs and walkers (C1)
10 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	11 9:30 Lower Body 2:00 BINGO 	12 9:30 Upper Body 2:00 WHEEL OF FORTUNE 	13 9:30 Lower Body 10:00 ROSARY 2:00 CRAFT	14 9:30 Upper Body 11:00 ST. MARY'S 2:00 CARD BINGO 	15 	16 Clean wheelchairs and walkers (C1)
17 HAPPY EASTER SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	18 9:30 Upper Body 2:00 CHARADES 	19 9:30 Lower Body 2:00 BINGO Susan	20 9:30 Upper Body 10:00 ROSARY 2:00 BEAN BAG TOSS Olga Ko.	21 9:30 Lower Body 2:00 PAPER ACTIVITIES	22 9:30 Upper Body 2:00 VISIT A FRIEND	23 Clean wheelchairs and walkers (C1)
24 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	25 9:30 Lower Body 2:00 LET'S TALK	26 9:30 Upper Body 2:00 BIRTHDAY PARTY 	27 9:30 Lower Body 10:00 ROSARY 2:00 CRAFT	28 9:30 Upper Body MONTHLY WEIGHTS	29 9:30 Lower Body 2:00 CARD BINGO 	30 Clean wheelchairs and walkers (C1)