



Gladstone Seniors Residence



MARCH 2021



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|--|
|  | 1 9:30 Lower Body 2:00 CARD BINGO | 2 9:30 Upper Body 2:00 WHEEL OF FORTUNE | 3 9:30 Lower Body 11:00 ROSARY 2:00 CHARADES | 4 9:30 Upper Body 2:00 BINGO  Ann H. | 5 9:30 Lower Body 2:00 WHIST/ CARDS | 6 Clean wheelchairs and walkers (C1) |
| 7 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)  Lillian G. | 8 9:30 Upper Body 2:00 CARD BINGO | 9 9:30 Lower Body 2:00 TARGET PRACTICE | 10 9:30 Upper Body 11:00 ROSARY 2:00 LET'S TALK | 11 9:30 Lower Body 2:00 BINGO | 12 9:30 Upper Body 2:00 BEAN BAG TOSS | 13 Clean wheelchairs and walkers (C1) |
| 14 SUNDAY BRUNCH Clean wheelchairs and walkers (C1) | 15 9:30 Lower Body 2:00 CARD BINGO | 16 9:30 Upper Body 2:00 YAHTZEE  Ella | 17 St. Patrick's Day 9:30 Lower Body 11:00 ROSARY 2:00 St. Patrick's Day Party **Wear Green** | 18 9:30 Upper Body 2:00 BINGO | 19 9:30 Lower Body 2:00 WHIST / CARDS | 20 Spring Begins Clean wheelchairs and walkers (C1) |
| 21 SUNDAY BRUNCH Clean wheelchairs and walkers (C1) | 22 9:30 Upper Body 2:00 SPRING TEA | 23 9:30 Lower Body 2:00 MOVIE | 24 9:30 Upper Body 11:00 ROSARY 2:00 BINGO | 25 9:30 Lower Body 2:00 BIRTHDAY PARTY MONTHLY WEIGHTS | 26 9:30 Upper Body 2:00 CARD BINGO | 27 Clean wheelchairs and walkers (C1)  Lillian F. |
| 28 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)  Olga Z. | 29 9:30 Lower Body 2:00 CARD BINGO | 30 9:30 Upper Body 2:00 CRAFT | 31 9:30 Lower Body 11:00 ROSARY 2:00 WHEEL OF FORTUNE |  | <div style="border: 1px solid black; padding: 5px;"> Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only. </div> | |