



Gladstone Seniors Residence



DECEMBER 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;"> Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only. </div>		1 9:30 Upper Body 2:00 CARD BINGO	2 9:30 Lower Body 11:00 ROSARY 2:00 CHARADES  Florence	3 9:30 Upper Body 2:00 BINGO	4 9:30 Lower Body 2:00 WHIST	5 Clean wheelchairs and walkers (C1)
6 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	7 9:30 Upper Body 2:00 CARD BINGO	8 9:30 Lower Body 2:00 WHEEL OF FORTUNE	9 9:30 Upper 11:00 ROSARY 2:00 BINGO  Freda	10 9:30 Lower Body 2:00 CRAFT	11 9:30 Upper Body 2:00 SHOW AND TELL	12 Clean wheelchairs and walkers (C1)
13 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	14 9:30 Lower Body 2:00 CHRISTMAS MOVIE	15 9:30 Upper Body 2:00 CARD BINGO	16 9:30 Lower Body 11:00 ROSARY 2:00 CRAFT	17 9:30 Upper Body 2:00 BINGO	18 9:30 Lower Body 2:00 CHRISTMAS SOCIAL	19 Clean wheelchairs and walkers (C1)
20 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	21 9:30 Upper Body 2:00 CARD BINGO	22 9:30 Lower Body 2:00 CRAFT	23 9:30 Upper Body 11:00 ROSARY 2:00 BINGO	24 9:30 Lower Body 2:00 WHIST MONTHLY WEIGHTS		26 Clean wheelchairs and walkers (C1)
27 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	28 9:30 Upper Body 2:00 CARD BINGO	29 9:30 Lower Body 2:00 WHEEL OF FORTUNE	30 9:30 Upper Body 11:00 ROSARY 2:00 BINGO	31 9:30 Lower Body 2:00 NEW YEARS SOCIAL		