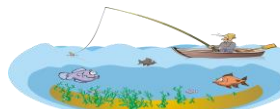












# Gladstone Seniors Residence



## JUNE 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Upper Body  2:00 CARD BINGO	2 9:30 Lower Body  2:00 WHEEL OF FORTUNE	3 9:30 Upper Body  2:00 Cake and Ice cream treat from Laurie  Laurie M.	4 9:30 Lower Body  2:00 PLANTING FLOWERS	5  Clean wheelchairs and walkers (C1)
6 SUNDAY BRUNCH  Clean wheelchairs and walkers (C1)	7 9:30 Upper Body  2:00 LET'S TALK (current events)  Emily D.	8 9:30 Lower Body  2:00 BINGO  Bryan B.	9 9:30 Upper Body  10:00 ROSARY  2:00 MAKING WATER PIE  Alfred E.	10 9:30 Lower Body  2:00 CARD BINGO	11 9:30 Upper Body  12:00 BBQ on Patio Sign up sheet  Emily M.	12  Clean wheelchairs and walkers (C1)
13 SUNDAY BRUNCH  Clean wheelchairs and walkers (C1)	14 9:30 Lower Body  2:00 BOCCE BALL	15 9:30 Upper Body  2:00 CARD BINGO	16 9:30 Lower Body  10:00 ROSARY  2:00 REMEMBER WHEN	17 9:30 Upper Body  2:00 BINGO	18 9:30 Lower Body  2:00 TREAT ON THE DECK	19  Clean wheelchairs and walkers (C1)
20 <b>HAPPY FATHER'S DAY</b> SUNDAY BRUNCH  Clean wheelchairs and walkers (C1)	21 9:30 Upper Body  2:00 YAHTZEE	22 9:30 Lower Body  2:00 CARD BINGO	23 9:30 Upper Body  10:00 ROSARY  2:00 CARDS / GAMES	24 9:30 Lower Body  2:00 BINGO  <b>MONTHLY WEIGHTS</b>	25 9:30 Upper Body  2:00 VISIT ON THE PATIO	26  Clean wheelchairs and walkers (C1)
27 SUNDAY BRUNCH  Clean wheelchairs and walkers (C1)	28 9:30 Lower Body  2:00 TARGET PRACTICE (with moving target)	29 9:30 Upper Body  2:00 CARD BINGO	30 9:30 Lower Body  10:00 ROSARY  2:00 BIRTHDAY PARTY			

Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only.