



Gladstone Seniors Residence

MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SUNDAY BRUNCH Family and friends welcome 24 hour notice	2 9:30 Upper Body 2:00 YAHTZEE	3 9:30 Lower Body 2:00 BINGO	4 9:30 Upper Body 11:00 ROSARY 2:30 FATHER LOUIE Ann H.	5 9:30 Lower Body 2:00 CARD BINGO	6 9:30 Upper Body 2:00 WHIST	7 PAMPER YOUR NAILS Lillian G.
8 SUNDAY BRUNCH Family and friends welcome 24 hour notice	9 9:30 Lower Body 2:00 WHEEL OF FORTUNE	10 9:30 Upper Body 2:00 BEAN BAG TOSS	11 9:30 Lower Body 11:00 ROSARY 2:00 BINGO	12 9:30 Upper Body 11:00 ST. MARY'S 2:00 RING TOSS	13 9:30 Lower Body 2:00 CARD BINGO	14
15 SUNDAY BRUNCH Family and friends welcome 24 hour notice	16 9:30 Upper Body 2:00 BINGO Ella F.	17 Happy St Patrick's Day 9:30 Lower Body 2:00 ST PATRICK'S DAY PARTY - Don't forget to wear green	18 9:30 Upper Body 11:00 ROSARY 2:00 MOVIE TIME	19 FIRST DAY OF SPRING 9:30 Lower Body 2:00 WHIST	20 9:30 Upper Body 2:00 OYSTRICK BROTHERS	21 PAMPER YOUR NAILS
22 SUNDAY BRUNCH Family and friends welcome 24 hour notice	23 9:30 Lower Body 2:00 GETTING TO KNOW YOU	24 9:30 Upper Body 2:00 CRAFT	25 9:30 Lower Body 11:00 ROSARY 2:00 BINGO	26 9:30 Upper Body 2:00 BOWLING MONTHLY WEIGHTS	27 9:30 Lower Body 2:00 WHIST Lillian F.	28 3:00 DANCE INNOVATIONS Olga Z.
29 SUNDAY BRUNCH Family and friends welcome 24 hour notice	30 9:30 Upper Body 2:00 BEAN BAG TOSS	31 9:30 Lower Body 2:00 BIRTHDAY PARTY 			Activities may change on daily basis due to weather, cancellations or last minute changes or additions.	