



Gladstone Seniors Residence



MARCH 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Happy St. Patrick's Day!		1 9:30 Upper Body 2:00 FLING DICE GAME 	2 9:30 Lower Body 10:00 ROSARY 2:00 BINGO 	3 9:30 Upper Body 2:30 FATHER LOUIE	4 9:30 Lower Body 2:00 BOWLING 	5 Clean wheelchairs and walkers (C1)
6 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	7 9:30 Upper Body 2:00 PAPER ACTIVITIES Lillian G.	8 9:30 Lower Body 2:00 CARD BINGO 	9 9:30 Upper Body 10:00 ROSARY 2:00 BEAN BAG TOSS	10 9:30 Lower Body 11:00 ST. MARY'S 2:00 CRAFT 	11 9:30 Upper Body 2:00 CURLING 	12 Clean wheelchairs and walkers (C1)
13 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	14 9:30 Lower Body 2:00 REMEMBER WHEN Doug	15 9:30 Upper Body 2:00 TARGET PRACTICE 	16 9:30 Lower Body 10:00 ROSARY 2:00 BINGO Ella F.	17 St. Patrick's Day 9:30 Upper Body 2:00 ST PATRICK'S DAY PARTY 	18 9:30 Lower Body 2:00 VISIT A FRIEND	19 Clean wheelchairs and walkers (C1)
20 1st DAY OF SPRING SUNDAY BRUNCH Clean wheelchairs and walkers (C1) Jean S.	21 9:30 Upper Body 2:00 CHARADES Patricia S.	22 9:30 Lower Body 2:00 YAHTZEE 	23 9:30 Upper Body 10:00 ROSARY 2:00 CARD BINGO 	24 9:30 Lower Body 2:00 WHEEL OF FORTUNE 	25 9:30 Upper Body 2:00 CARDS/GAMES	26 Clean wheelchairs and walkers (C1)
27 SUNDAY BRUNCH Clean wheelchairs and walkers (C1) Lillian F.	28 9:30 Lower Body 2:00 LET'S TALK Olga Z.	29 9:30 Upper Body 2:00 BINGO 	30 9:30 Lower Body 10:00 ROSARY 2:00 BIRTHDAY PARTY 	31 9:30 Upper Body 2:00 MONTHLY WEIGHTS	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: auto;"> Activities may change on a daily basis due to weather, cancellations or last minute changes or additions. </div>	