



Gladstone Seniors Residence



MAY 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SUNDAY BRUNCH Clean wheelchairs and walkers (C1) Gladys	2 9:30 Lower Body 2:00 BEAN BAG TOSS	3 9:30 Upper Body 2:00 BINGO 	4 9:30 Lower Body 2:00 WHEEL OF FORTUNE 	5 9:30 Upper Body 2:30 FATHER LOUIE	6 9:30 Lower Body 2:00 CARDS/ GAMES 	7 Clean wheelchairs and walkers (C1) Delvin
8 MOTHER'S DAY SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	9 9:30 Upper Body 2:00 REMEMBER WHEN 	10 9:30 Lower Body 2:00 CARD BINGO 	11 9:30 Upper Body 2:00 YAHTZEE 	12 9:30 Lower Body 11:00 ST. MARY'S 2:00 BINGO	13 9:30 Upper Body 2:00 PAPER ACTIVITIES 	14 Clean wheelchairs and walkers (C1)
15 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	16 9:30 Lower Body 2:00 FLING DICE GAME 	17 9:30 Upper Body 2:00 CARD BINGO 	18 9:30 Lower Body 2:00 LET'S TALK (current events)	19 9:30 Upper Body 2:00 BINGO 	20 9:30 Lower Body 2:00 VISIT A FRIEND	21 Clean wheelchairs and walkers (C1)
22 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	23 	24 9:30 Lower Body 2:00 BEAN BAG TOSS	25 9:30 Upper Body 2:00 CRAFT 	26 9:30 Lower Body 2:00 CARD BINGO 	27 9:30 Upper Body 2:00 ROOTBEER FLOATS	28 Clean wheelchairs and walkers (C1)
29 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	30 9:30 Lower Body 2:00 BIRTHDAY PARTY 	31 9:30 Lower Body 2:00 MONTHLY WEIGHTS			Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only.	