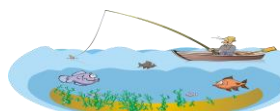




Gladstone Seniors Residence



JUNE 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;"> Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only. </div>		Happy Father's Day!	1 9:30 Lower Body 2:00 BINGO	2 9:30 Upper Body 2:00 BEAN BAG TOSS	3 9:30 Lower Body 2:00 PLANTING FLOWERS (date may change) Laurie	4 Clean wheelchairs and walkers (C1)
5 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	6 9:30 Upper Body 2:00 LET'S TALK (current events)	7 9:30 Lower Body 2:00 CARD BINGO 	8 9:30 Upper Body 2:30 FATHER LOUIS Gerald & Bryan	9 9:30 Lower Body 11:00 ST. MARY'S 2:00 WHEEL of FORTUNE Alfred	10 9:30 Upper Body 2:00 CARDS / GAMES 	11 Clean wheelchairs and walkers (C1)
12 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	13 9:30 Lower Body 2:00 FLING DICE GAME 	14 9:30 Upper Body 2:00 BINGO 	15 9:30 Lower Body 2:00 PAPER ACTIVITIES 	16 9:30 Upper Body 2:00 ENTERTAINMENT 	17 9:30 Lower Body 2:00 TREAT ON THE DECK	18 Clean wheelchairs and walkers (C1)
19 HAPPY FATHER'S DAY SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	20 9:30 Upper Body 2:00 KERPLUNK	21 9:30 Lower Body 2:00 CARD BINGO 	22 9:30 Upper Body 12:00 BBQ on Patio Sign up sheet	23 9:30 Lower Body 2:00 REMEMBER WHEN Sylvia	24 9:30 Upper Body 2:00 VISIT ON THE PATIO	25 Clean wheelchairs and walkers (C1)
26 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	27 9:30 Lower Body 2:00 TARGET PRACTICE (with moving target)	28 9:30 Upper Body MONTHLY WEIGHTS	29 9:30 Lower Body 2:00 BIRTHDAY PARTY 	30 9:30 Upper Body 2:00 BINGO 		