



Gladstone Seniors Residence



FEBRUARY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HAPPY GROUNDHOG Day!	1 9:30 Lower Body 2:00 CARD BINGO	2 Groundhog Day 9:30 Upper Body 2:00 SHOW AND TELL	3 9:30 Lower Body 11:00 ROSARY 2:00 BEAN BAG TOSS  Blanche	4 9:30 Upper Body 2:00 BINGO	5 9:30 Lower Body 2:00 WHIST/ CARDS	6 Clean wheelchairs and walkers (C1)
7 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	8 9:30 Upper Body 2:00 CARD BINGO	9 9:30 Lower Body 2:00 WHEEL OF FORTUNE	10 9:30 Upper Body 11:00 ROSARY 2:00 TARGET PRACTICE	11 9:30 Lower Body 2:00 BINGO  Olga Ki.	12 9:30 Upper Body 2:00 VALENTINE SOCIAL	13 Clean wheelchairs and walkers (C1)
14 Valentines Day SUNDAY BRUNCH Clean wheelchairs and walkers (C1)  Marie & Doug	15 FAMILY DAY 	16 9:30 Lower Body 2:00 CARD BINGO	17 9:30 Upper Body 11:00 ROSARY 2:00 REMEMBER WHEN	18 9:30 Lower Body 2:00 BINGO	19 9:30 Upper Body 2:00 WHIST / CARDS	20 Clean wheelchairs and walkers (C1)
21 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)	22 9:30 Lower Body 2:00 CARD BINGO	23 9:30 Upper Body 2:00 CRAFT	24 9:30 Lower Body 11:00 ROSARY 2:00 LET'S TALK	25 9:30 Upper Body 2:00 BIRTHDAY PARTY MONTHLY WEIGHTS	26 9:30 Lower Body 2:00 BINGO  Jeanette	27 Clean wheelchairs and walkers (C1)  Jayson
28 SUNDAY BRUNCH Clean wheelchairs and walkers (C1)					Activities may change on daily basis due to weather, cancellations or last minute changes or additions. Activities are for our residents only.	